



PERSONNEL COMMISSION

Class Code: 5306
Salary Range: 32 (C1)

ATHLETIC TRAINER

JOB SUMMARY

Under general direction, provide preventive and rehabilitative services and treatment to student athletes engaged in a variety of high school sports in accordance with instructions from coaching staff and authorized physicians; attend athletic practices, home games and specified away games; fit uniforms and protective gear and equipment prior to practices and games; prepare and maintain a variety of records and files related to assigned activities; perform related duties as assigned.

EXAMPLES OF DUTIES

The classification specification does not describe all duties performed by all incumbents within the class. This summary provides examples of typical tasks performed in this classification.

- Participate in the organization and implementation of athletic training programs and activities including prevention, treatment and rehabilitation of student athlete injuries at an assigned high school site; assure compliance with applicable laws, codes, rules and regulations. **E**
- Provide preventive and rehabilitative services and treatment to student athletes engaged in a variety of high school sports in accordance with medical protocols and instructions from coaching staff and authorized physicians; fit uniforms and protective gear and equipment prior to practices and games. **E**
- Attend athletic practices, home games and specified away games; inspect facilities, fields and equipment for safety hazards; eliminate or report hazards to appropriate personnel. **E**
- Evaluate and treat student athlete injuries sustained during sporting events and practices; administer first aid and emergency care; evaluate concussions; arrange for physician or emergency services; document injuries, evaluations and treatments. **E**
- Arrange for injured athletes to be accompanied or monitored when leaving sporting events and practices; discuss treatments and follow-up evaluations with parents/guardians; provide take-home information as appropriate. **E**
- Design and implement individualized rehabilitation programs; recommend and fit braces, splints and other assistive devices to facilitate recovery; document progression and discuss rehabilitation plans and results with physicians, District staff, coaches and parents/guardians in accordance with established procedures. **E**
- Provide guidance to students regarding return-to-play protocols; certify medical eligibility of students to return to full or partial participation in the athletic program in accordance with return-to-play guidelines and protocols. **E**
- Develop and implement injury prevention programs in and off-season; advise coaching staff and students regarding the care and prevention of athletic injuries including proper nutrition and diet, conditioning programs and warm-up exercises. **E**

- Assist in the planning of and participate in health screenings and physical examinations for student athletes; conduct annual preseason baseline concussion screening for student athletes in contact sports utilizing approved diagnostic tools. *E*
- Communicate with District staff, parents/guardians, physicians, and outside agencies to coordinate and schedule activities, resolve issues and exchange information regarding assigned activities; maintain confidentiality of sensitive and privileged information. *E*
- Prepare, and maintain a variety of records and files related to assigned activities; prepare a variety of narrative and statistical reports related to program activities and individual students. *E*
- Maintain orderly, sanitary and safe athletic training facilities; conduct regular inventory and order supplies and equipment in accordance with established procedures; assist in the development of budgets related to athletic training supplies and equipment. *E*
- Organize and arrange for the transportation of athletic equipment, uniforms and supplies for home and away sporting events. *E*
- Operate a variety of athletic, therapeutic and exercise gear and equipment; assure gear and equipment is maintained in a safe and serviceable condition; clean equipment and arrange for repairs as needed. *E*
- Operate a variety of office equipment including a computer and assigned software; drive a personal vehicle to conduct work. *E*
- Train and provide work direction and guidance to assigned staff, interns and student workers; assign, schedule and review the work of staff. *E*
- Attend a variety of workshops, meetings, trainings and conferences; prepare and make presentations; conduct in-service trainings for athletic program personnel and others; serve on assigned committees. *E*
- Provide medical services to visiting team members as needed.
- May assist in reviewing, revising, and implementing the school Emergency Action Plan (EAP) regarding athletic events.
- Perform related duties as assigned.

Note: At the end of some of the duty statements there is an italicized "E" which identifies essential duties required of the classification. This is strictly for use in compliance with the Americans with Disabilities Act.

DISTINGUISHING CHARACTERISTICS

An Athletic Trainer is an active participant in the District's athletic training program at an assigned high school site and assists in building a positive school climate and promoting the physical, social and emotional well-being of student athletes. Incumbents provide high-quality preventive and rehabilitative treatment to student athletes engaged in a variety of high school sports in accordance with specific instructions from coaching staff and authorized physicians.

EMPLOYMENT STANDARDS

Knowledge of:

Methods, practices and procedures used in athletic training activities including conditioning, injury prevention, injury assessment and rehabilitation.
Principles and techniques of therapeutic treatments including exercise, protective gear, taping, wrapping and bandaging.
Principles and practices of physical fitness training, exercise and proper nutrition.
Symptoms of athletic injuries and assessment techniques.
Concussion recognition and evaluation assessment tools and protocols.
Athletic, therapeutic and exercise gear and equipment.
Board of Certification (BOC) Standards of Professional Practice.
Applicable laws, codes, rules and regulations related to assigned activities.
General principles of adolescent behavior and development.
Interpersonal skills using tact, patience and courtesy.
First aid and CPR procedures.
Universal hygiene precautions used in patient care.
Operation of a variety of office equipment including a computer and assigned software.
Oral and written communication skills.
Principles and practices of training and providing work direction and guidance to others.
Research methods and report writing techniques.
Record-keeping and filing techniques.

Ability to:

Provide preventive and rehabilitative athletic training services and treatment to student athletes.
Perform clinical and sideline evaluations of athletic injuries and render immediate care.
Assess injuries, respond calmly, and exercise sound judgement in stressful situations.
Understand and follow medical instructions as issued by physicians.
Develop and implement injury treatment programs independently and in consultation with physicians.
Operate a wide variety of athletic, therapeutic and exercise gear and equipment.
Fit uniforms and protective gear and equipment.
Prepare and maintain accurate and concise evaluations and treatment records and files.
Work collaboratively as an educational team member.
Understand adolescent behavior and be a positive role model to adolescents.
Demonstrate understanding and patience toward students.
Demonstrate empathetic listening and interpersonal skills with individuals from varying cultural and socioeconomic backgrounds.
Interpret, apply, and explain applicable laws, codes, rules and regulations.
Maintain confidentiality of sensitive and privileged information.
Understand and work within scope of authority.
Establish and maintain cooperative and effective working relationships with others.
Communicate effectively both orally and in writing.
Train and provide work direction and guidance to others.
Work independently with little direction.
Plan, prioritize, and organize work.
Maintain current knowledge of advances in the field.
Operate a variety of office equipment including a computer and assigned software.

Education and Training:

Athletic Trainer Certified (ATC®) credential issued by the National Athletic Trainers' Association Board of Certification (NATA BOC).

Experience:

One year of athletic training experience working with high school athletes is desired.

Any other combination of education, training and experience, which demonstrates that the applicant is likely to possess the required skills, knowledge or abilities, may be considered.

SPECIAL REQUIREMENTS

Incumbents in this classification must possess a valid Athletic Trainer Certified (ATC®) credential issued by the National Athletic Trainers' Association Board of Certification (NATA BOC) at the time of application and maintain certification throughout employment in this classification.

Positions in this class require the use of personal automobile and possession of a valid California class C Driver's license.

WORKING ENVIRONMENT

Indoor and outdoor environment.

School athletic facilities and sporting events.

Seasonal heat and cold or adverse weather conditions.

Driving a vehicle to conduct work.

Potential for contact with bloodborne pathogens and communicable diseases.

Incumbents in this classification may work irregular schedules such as evenings and weekends.

PHYSICAL DEMANDS

Dexterity of hands and fingers to operate athletic training equipment and treat injuries.

Hearing and speaking to exchange information.

Standing or walking for extended periods of time and occasional running.

Walking over rough or uneven surfaces.

Seeing to read a variety of materials and evaluate injuries.

Bending at the waist, kneeling, squatting, stooping or crouching.

Reaching overhead, above the shoulders, and horizontally.

Lifting, carrying, pushing or pulling heavy objects weighing up to approximately 50 pounds, and moving non-ambulatory students with assistance.

AMERICANS WITH DISABILITIES ACT

Persons with certain disabilities may be capable of performing the essential duties of this class with or without reasonable accommodation, depending on the nature of the disability.

APPOINTMENT

In accordance with Education Code Section 45301, an employee appointed to this class must serve a probationary period of six (6) months during which time an employee must demonstrate at least an overall satisfactory performance. Failure to do so shall result in the employee's termination.

PCA: 1/12/2023